

Practise for Dauncinge.  
The Quadran Pavin./

- The ould  
Measures:  
Quadran Pavin. { Honour.  
Two singles syde, a double foreward, ij Singles  
syde & a double backe .4. tymes./honour./
- 5  
Tinternell  
Turkelone. { Honour (& backe) (2. forw: 2. backe)  
Foure doubles foreward. ij Singeles syde , 4. doub=  
les forwarde & .4. doubles backe. honour./
- 10  
The Earle  
of Essex  
measures. { Honour.  
One double forewardes & one single backe .4.  
tymes, ij. Singles syde, one double forward &  
& one single backe. againe all. honoure & soe ende./
- 15  
Turkelone.  
Tintenell. { Honour.  
One double forward & one double backe  
ij Singles & a double rounde both waies .3. doubles  
forwarde & .3. doubles backe change handes. honor & soe ende./
- The ould  
Almaine { Honour.  
Take both handes .2. singles & a double round both  
waies .4, doubles forward, take both handes .2.  
singles & a double round both waies. soe end./
- 20  
The Queens  
Almaine. { Honour.  
A double forward & a .d. backe .2. singles syde &  
a. d. rounde on your lefte hande. a. d. forwarde & a. d.  
backe .2. S. syde & a. d. round on your right hande .4. d.  
forward. a. d. forward & a. d. backe 2. S. syde as afore./
- 25  
The Blacke  
Almaine.  
.Cecilia. { Honour.  
Two .S. syde & a .d. forward & a .S. backe twice,  
part handes .2. S. syde & honour with your left foote,  
change places with .2. S. & a .d., honour with your right  
foote, step forward & embrace, .2. S. syde honor with your  
left foote, In to-vour own place, honour as afore./
- 30
- 35  
The Cecilia  
Almaine.  
.Blacke. { Honour,  
Fowre doubles forward, part handes with a .d. backe,  
meete againe with a .d., A .d. on your lefte hand, a  
nother on your right hand, the man doe .2. S. & a .d.  
rounde, the woman as much, take both handes,  
change places with a double & slide upwardes .4., Into  
your owne place with a .d., Slyde downe .4., backe a .d.  
one frō another, meet againe. The same againe./
- 40  
The cinque  
pace. { One, two, three, foure, & fiue.
- Robertoes  
Galliard. { Honour.  
Is performed with ye cinque price & 4. or 5,  
seuerall trickes takinge ye gent<sup>e</sup>woman  
out of her place & walkinge .3. or .4.  
(stepps

- 45 The Bodkin  
Galliard./  
Marke  
Williams  
his Galliard.
- 50 Passemeasurs  
Galliard.
- 55 The Tem=  
ple Coran=  
ta./.
- 60 The Spanish  
Pavin./
- 65 The French  
Levalto . /
- 70 The Ladye  
Laytons  
Measures.
- 75 The Spani=  
oletta. /
- Stepps, soe honour, then pace further .4. stepps  
take her in your lefte hand, honour, you walke .3.  
steppes downe ye roome. shee vpp & soe fall in  
to your Cinque passe. In y<sup>e</sup> ende honour  
& conveye ye gentlewoman to her place./
- Honour,  
Take handes & fall in to your pace, change  
rounde, fall frō, shifte handes, voluntarylie,  
honour & soe ende./
- Honour.  
It must be learnd by practise & demonstra=  
tion, beinge performd w<sup>th</sup> boundes & capers  
& in y<sup>e</sup> ende honour./
- Honour,  
By demonstratiō likewise, falinge in to your  
pace, holdinge handes, & conveyinge y<sup>e</sup> gent<sup>e</sup>woman  
with your right arme & right legg by boundes  
in to .4. severall places, honor & ende./
- Honour./  
Twe doubles forwardes & one double to y<sup>e</sup>  
lefte hande. one double backe. two longe  
stepps & a double backwardes. two longe stepps & a  
double, forewardes. one .S. forwards  
& a .D. backwardes, j .d. forwardes & .j. d. backe, two  
longe stepps & a .d. forwards, two longe stepps & a  
.d. backe,
- Honour.  
Take handes, fall in to your pace, parte with  
your pace, traverse sydewayes, meete w<sup>th</sup> your  
pace, & heave vpp y<sup>e</sup> woman in your armes, part  
again, pace, traverse meete againe, the  
woman heave vp y<sup>e</sup> man, honor & soe ende./

Practise for Dauncinge.

Honour./

- 80 The Measures of — Heaven & earth./
- 85 Mapeur.
- { A double forwarde & a double backe, a double forwarde, two singles syde, a double backe, & slipp with ye right legg another with ye lefte a halfe caper & fall backe round in to your Cinque-pace, a halfe caper & a round crosse &c.

Honour./

- Basilina
- 90 Lesters Galliard.
- { A double forwarde & a double backe, a double forward, & one single backe, fiue stepps forward & close, thrise together, a double forward & a double backe, a double forwarde & a single backe, fowre doubles forwarde,

Honour./

- 95 The French Galliarde./
- { Is performed with ye cinquepace, halfe capers, traverses, ye round turnes & such lke, learned onlye by practise,

Honour./

- 100 The French Brawles./
- { Tacke handes & goe rounde to ye lefte hande, rounde againe to ye right hande, slip twoe together, afterwarde three to ye lefte hande, three more to ye right hande, all a .d. rounde, the same againe.

Finis./